



Editorial



It's a great time to exist!

Going to college and prepping for the “real world” is not easy. Dealing with grades, studying, bills, pressure from your parents and having to answer the big question: “What should I do with my Life?”, means there are a lot of expectations on your plate. Whether you are a new college student or someone prepping for your finals or either in the middle of a semester, still trying to get through your classes, being a student can be stressful. However, sometimes all it takes is a little inspiration and wisdom to find the motivation.

Being constantly anxious, irritated and annoyed is just the way of life for most people these days. It does not mean to give up. Everything today in the market is fierce and makes it that more difficult to focus and stay sane.

Information:

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Here's what you can do. Focus on the things that makes you happy, invest on how you can be physically and emotionally fit. Make a difference in the world.

Remember "Its not about perfect. Its about effort" says Jillian Michaels.

Today, everything is just a click away.

Life is so much easier, be it midnight hunger pangs, last-minute groceries, money transactions or google maps.

Generation Z have more doors open than any other generation, and more likely to seek out new opportunities to get it. All we need is a little courage as Brene Brown says "Courage starts with showing up and letting ourselves to be seen".

Don't let the stress and expectations slow you down. Life is definitely not easy, but it is also not as difficult as we make it out to be. It is entirely our power to either emote or react to any given situation. We cannot control fate, but we can certainly control how we respond to all of life's curveballs. You can spend a lifetime whining and crying or risk it all in achieving the good for you.

As waking up with determination and going off to bed with satisfaction is a great feeling that you can experience.

"A little progress each day adds up to big results" says Satya Nani.

Yes! It is going to be hard, but it is going to be worth it.

Remember one day, all your hard work will pay off.

Even though there will be stress leading up to the end of even semester exam, one shouldn't be terrified to start studying right away. Instead of being the loser who gives up when they're exhausted, one should be the winner who gives up when they've succeeded. I'm sure you don't want to look back and know you could have done better. Do you?

Buckle up.

And wish you all the best.

Good May days ahead.:)

Ms. Müzitalü Lohe
Asst. Cultural Secretary
MCSU

MULTI TALENT SHOW ORGANISED BY THE DEPARTMENT OF ECONOMICS AND HISTORY

The Departments of Economics and History, Modern College organised a multi-talent show in the Indoor Stadium.

The event was moderated by Mr. Ricky Das and invocation was delivered by Ms. Maongnaro Longkumer, followed by a special number by Ms. Repamenla & Mr. Leiwang Konyak and exhortation by Mr. John Besü , Administrator ,Modern College.

The real entertainment began with the start of the talent show where the students presented a variety of items like singing, dancing and stand-up comedy. The participants were judged by a panel of judges who selected the winners of the competition.

After the competition round, a special number was presented by Mr. Mhasikhotso Shüya and the prize distribution ceremony was held, where Dr. Vitsou Yano, Principal, Modern College presented certificates and cash prizes to all the winners. The first prize for the multi-talent show was awarded to Mr. Leiwang Konyak (singing), second prize to Mr. Imliwapang (singing) and the third prize to Mr. Beyau K and Lampong Konyak (stand-up). Mr. Verahu Nienu delivered the vote of thanks.





MODERN COLLEGE NCC ATTENDS PURVOTTAR BHARAT PARIKRAMA

On 1st April, 2023 NCC cadets of Modern College attended a program at Kohima War cemetery hosted by the Assam Rifles.

The Indian Army organized a 20 day long Pan North East Car Rally 'Purvottar Bharat Parikrama' covering an approximate distance of 5000 kms in North Easter states to reach out to the youths, freedom fighters, gallantry award winners and the general public in the region. The event was flagged off by Lt Gen Rana Pratap Kalita in Fort William, Kolkata on 22 March 2023. The car rally is being conducted in collaboration with North East Council under the Ministry of Department of North Eastern Region (DoNER).

The chief guest of the event was Subedar Major and Honorary Captain, Yogendra Singh Yadav (Retired Commissioned Officer in the Indian Army and a recipient of the highest Indian wartime gallantry decoration, the Param Vir Chakra, for his actions during the Kargil War).



IQAC MEETING

An IQAC meeting was organised by the IQAC on 1st April for the faculty of Modern College. The meeting was conducted by Ms. Vini Achumi, IQAC Coordinator. She gave a detailed presentation on the functions of IQAC and even highlighted the previous Accreditation cycles. She also emphasised on the importance of conducting sponsored seminars and workshops in educational institutions; the convenors and members of different clubs were also encouraged to conduct various activities in the next academic session.



MODERN COLLEGE HOSTELLERS PICNIC TO PETER PARK

Modern college Piphema held its Hostellers picnic at Viphoma Peter Park on 2nd April, 2023 with 70 students including both the wardens, supervisor and Mr. Teisovi (Dept. of sociology). The day was bright and clear and the scenario of the Peter Park was so beautiful that made the day more fun. The picnic programme was arranged as "Hostellers Picnic Cum Sunday Service"; the programme started at 11:30am followed by recreation which was taken up by the 4th semester students. The Service and the recreation hours were filled with immense joy; everyone took active part in both the events and it was indeed the best part of the day. After which it was followed with a tea break at 12:00pm and every teams took part in the preparation of dinner. After which, dinner was served at 2:40 p.m. Later part of the evening was followed by photo session.





Principal and Vice principal of Chandmari Higher Secondary School visited Modern College Piphema Campus on 6th April, 2023.



SLOGAN WRITING COMPETITION ORGANISED BY THE RED RIBBON CLUB

On 10th April, 2023 Red Ribbon Club, Modern College celebrated National Youth HIV & AIDS Awareness day in the college. To spread awareness and sensitise the youths, a slogan competition was held on the theme, "GENERATION Z AGAINST HIV & AIDS". Altogether ,4 students participated.

List of the participants:1.Akhu Richa 2. Baushen Tamlu. 3. Atulu sep 4. Khoatying T. Wangnao

Winners were:

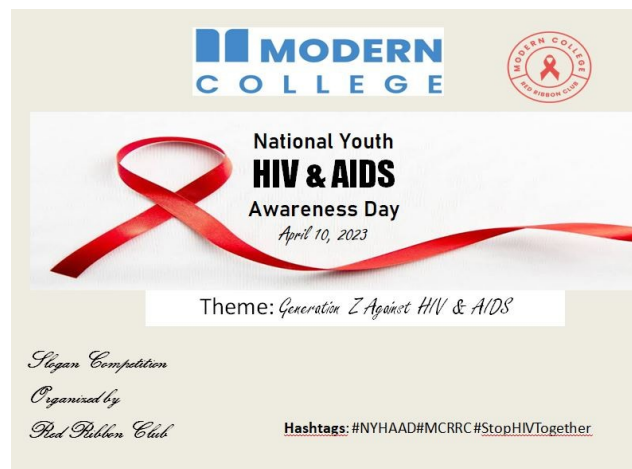
1st - Ms. Akhu Richa B.A. 6th sem (H)

2nd – Ms. Khoatying T.Wangnao B.A. 6th sem (H)

The winners were given cash prize of Rs.500 & Rs.300

Total = Rs. 800/

Ruth Hangsing
Nodal Officer
Red Ribbon Club
Modern College



MODERN COLLEGE PARTICIPATED IN THE LAUNCHPAD EDUCATION AND CAREER FAIR 2023

Four students from Modern College attended the LaunchPad Education and Career Fair 2023 under the theme 'Launch your future today!' at Capital Convention Hall, New Sect. road, Kohima on 14th April, 2023.

It is an education and career fair organised by YouthNet and the guest of honor for the event was Dr. Kekhrie Yhome, Hon'ble Advisor, School Education & SCERT Govt. of Nagaland.

Modern College Students distributed leaflets to students and parents of those who have recently appeared HSSLC examination providing a platform to choose Modern College for pursuing their B.A. studies. They talked about the subjects and facilities available at Modern College in a sprawling campus of 102 acres of land in Piphema campus.



MR. RICKY DAS BAGS 2ND POSITION AT INTER COLLEGE DEBATE COMPETITION

Mr. Ricky Das, B.A. 2nd Semester, Dept. of Political Science won the second position in the Northern Sentinels Inter College Debate Competition organised by the 1st Assam Rifles Kohima on 18th April, 2023. He was awarded with a cash prize of ₹10,000 and a certificate.

The topic of the debate was 'Disparate Naga Tribal Identities are antithesis to Naga Unity, and thus, a hindrance in social upliftment and economic development of Nagaland'.



ENGLISH DEPARTMENT FIELD TRIP TO HAMMOCK RESORT

Field trips serve one vital function as far as education is concerned. Field trips link the classroom experience with the outside world and in doing so, they not only improve learning, but also give both the learner and educator valued practical experience. College trips are important for educational and recreational time. The Department of English organised a field trip under the theme "Spring Break" at The Hammock Resort, Wokha on 22nd April, 2023 in order to help ourselves get in touch with the natural environment.

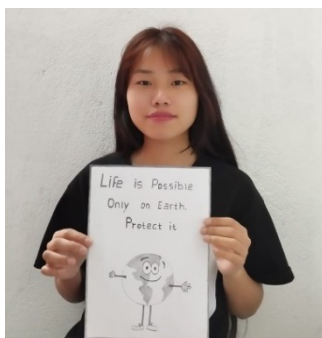
The group consisted of Students from B.A. 2nd, 4th and 6th semesters; altogether, 35 students and 4 teachers, namely, Asst. Professors Watimongla Imchen, Keleseno Longkumer, Bideno A Humstoe from the Department of English and Nukchala Jamir from Department of Vocation attended the trip.

When we finally arrived, there were picturesque trees covering the area; the weather was humid but exceptional. The site was serene and had a peculiar atmosphere which was pleasing. As part of recreational activity, the students were divided in groups and played Group Chant, Best Retentive Memory, Dumb Charade, Balloon Fight, Piggy Back Ride, Chinese Whisper, Longest Human Chain. The Spring Breakers indeed seized the day and had tremendous fun, frolicking under the sun amidst the buzzing sound of the bees, chirping cicadas and cascading water. Overall, the trip was quite successful and a fun experience.





EARTH DAY OBSERVED BY ECO GREEN CLUB on 22nd April 2023



NSS SURVEY TO OLD PIPHEMA VILLAGE

NSS MODERN COLLEGE conducted a survey on "Youth not in formal education or regular employment" under the direction of Ministry of Sports and Youth Affairs at its adopted village, Old Piphema, under Chumukedima district, on 28th April, 2023.

Over 25 households were surveyed out of which 7 households had youth members who were not in formal education nor in regular employment.

25 NSS Volunteers carried out the survey with P.O, NSS MODERN COLLEGE supervising the overall process.

On the sidelines of survey, volunteers of NSS Modern College visited the oldest man and woman of the village(Old Piphema village) separately and gave them some gifts in cash and kind.





STAGES OF GRADING: ACCEPTING THE INEVITABLE

Teachers' most loathed task is grading papers: class tests, assignments, projects, exams. The anticipation of grading is nerve wrecking because we know what's in store for us. Following are the stages that every teacher has to go through, only to come in full circle.

Denial



In the first stage of the grading process, denial helps us minimize the overwhelming pain of grading. Our reality has shifted completely. It can take our minds time to adjust to our new reality.

Example: "Did I teach this in class? This is a joke, right?"

Anger



The second stage in grading process is anger. We are trying to adjust to a new reality and are likely experiencing extreme emotional discomfort. There is so much to process that anger may feel like it allows us an emotional outlet.

Example: "This answer! Why God? Why?"

Bargaining



When coping with anger, it isn't unusual to feel so desperate that you are willing to do anything to alleviate or minimize the anger. This is when the third stage, bargaining creeps in. When bargaining starts to take place, we often direct our requests to a higher power, or something bigger than us that may be able to influence a different outcome.

Example: "If only I had emphasised on this topic, they could have elaborated on it."

Depression



In this stage of grading, we start to feel the loss of inhibitions. Our panic begins to subside, the emotional fog begins to clear, and the feelings are more present and unavoidable. Dealing with depression can be extremely isolating and one of the most difficult stages.

Example: "I don't know how to go forward from here."

Acceptance

The last of the 5 stages of Grading is acceptance. When we come to a place of acceptance, we are no longer resisting the reality of our situation, and we are not struggling to make it something different.

Example: "Finally, grading is over."

FUNNY CONVERSATIONS BETWEEN TEACHERS AND STUDENTS

Student 1 : Its not that she scolds often but I am scared of her.

Student 2 : Then , what is it? Why are you scared of her?

Student 1 : Its her eyes. Its like a radar piercing through your soul.

Teacher : Poor in academics, attendance. Tell me one thing that you are good at.

Student : Singing.

Teacher : Happy Birthday, L....

Student : Thanks! Same to you.

Teacher : If you can memorize all the lyrics to the songs, why can't you memorize the important notes and materials?

Student : The materials are not lyrics.

Student : Girls in college are potatoes & Kuchu(Taro)

Teacher : Is it a slang to describe girls?

Student : No, it's a metaphor.

Student : Can you please provide us softcopy materials?

Teacher : Why? I'm already providing notes in the classroom right?

Student : Yes, But to check and correct our spellings.

Teacher : Do I not write the spellings on the board?

Student : Yes, But I have Mesopotomia(Myopia)

Teacher: Which part of the body was taken from Adam to create/make Eve?
(Class- Hardi, Hardi, Hardi.....)

Student : Kidney.

Teacher : Who is Jesus?

Student : Judas.

Teacher : Who is Judas?

Student : Saitan.

Teacher : Who really is Judas?

Student : One who betrayed & Sold Jesus.

Teacher : Sold for how much?

Student : In 2 Rupees.

Teacher : After the completion of the ark, Noah gathered his families and two of

every living being in his ark and closed the door of the ark. What happened

after he closed the door??

Student: They sailed off!!

FUNNY ANSWERS DURING PRE-SEMESTER EXAMINATION 2023

Question : Endangered species in Nagaland.

Answer : Dinosaur

Question : Jurisdiction of Supreme court.

Answer : Supreme court is the max court or we can say it's the top court in the country next to the hight (High) court. If the hight court cannot slave (solve) the problem.

Question : Directive Principles of the state policy.

Answer : To make yourself happy we cannot make others angry.

Question : What is Reserve bank of India?

Answer : The central Bank is the commercial Bank of the country is called Reserve bank of India.

Question : What type of energy is the most natural form of energy?

Answer : Nuclear Energy

Question: Who invented the art of giving christmas presents?

Answer: Christmas Father/ Santa Claus.

Question : What is risk taking?

Answer : Risk taking means asking a girl out to go in a relationship because it takes a lot of courage and determination



Mr. Atoto Chishi
B.A 4th Semester

Career Counseling: A Three-Way Process

“Career counseling is a process that will help you to know and understand yourself and the world of work in order to make career, educational and life decisions.” This is the first definition that will pop up when we type “what is career counseling” on the internet. How simply put, career counseling is not something new to most of us and to some extent we have an idea of why it is important. In Nagaland, there are some schools and colleges that have started giving career guidance to students but is it really implemented properly or is it just given for the knowledge that is deemed important?

We all know that we have many talents in our state, be it in sports, dance, music, art, etc. but we fail to understand where these talents would stand outside our state because these talents are not supported or nurtured in a way for them to stand out in the outside world. We the people of Nagaland need to know that there are other career paths along with science, arts and commerce.

India ranked 139 out of 149 countries in the annual World Happiness Report 2021. And of numerous factors that contributed to this low happiness index, job dissatisfaction is a major factor, some are unemployed and some are still struggling to come out of the wrong career path that they have chosen.

This is where career guidance would help us if it is really implemented well. Now, in Nagaland there are schools and colleges organising career counseling

which have reached out to students but this will not suffice. When and what time career guidance should start is also important. Career counseling should be a three way process; including the students, teachers/counselors and parents. The information or knowledge should go hand in hand between the three for choosing a correct path for a child.

Parents should actively participate in career counseling before their child receives it so as to help them discover various paths of career and to match them with the interests and talents of their child so that when their child receives counseling it will help the child to nurture their talents and interests. It is important because not every parent is updated or educated to guide their child. These three ways of counseling will allow them to understand other career paths and scopes. In addition to that, the counselor should be well informed and educated to have 2:1 as well as 1:1 counseling so as to understand the thought of the child and the parents to help them choose an ideal career.

Times are changing and there are different career paths which need to be explored. The mentality of making your child a ‘Doctor, Engineer or Civil servant’ may lead to your child’s talent to drown without even being discovered. A child for instance, may be more interested or talented in designing rather than research in medical science but due to lack of practical knowledge in the

field of designing, which was supposed to be a gap that could have been filled by parents’ support and knowledge, would choose a career path that he does not excel in. A child is mostly confused due to lack of knowledge on what to do next or either confused with the limited options and they end up choosing the wrong career due to lack in career guidance.

Let us be more open to different types of career paths so as to choose a right path for ourselves and our children. Let us help to nurture talents and choose an ideal career by being open to unexplored as well as explored paths that a child can excel as well as be happy in. Many schools and colleges are providing career counseling to aid students. There are also specialised career counseling centers that have experts on psychology and career guidance to help the students all over India and the waves have reached Nagaland too which, if implemented properly, will be an eye opener for all the youths in order to tackle unemployment to an extent. As the Italian proverb says “the same shoe does not fit every foot”, we should be open to possibilities of finding the shoe that fits us as well as a career that is a passion for ourselves.

Atoto Chishi
BA 4th Semester
Modern College, Piphema

Rev. Fr. C. Joseph, Counsellor-St. Joseph's College
(Autonomous) Jakhama, Nagaland

DAILY



On Easter Sunday 2020, the famous Christ the Redeemer statue that overlooks Rio de Janeiro in Brazil was illuminated in a way that appeared to clothe Jesus

STUDENTS' FEEDBACK FORM ON CURRICULAR 2022-23

Total Number of respondents

156

Department of the Respondents

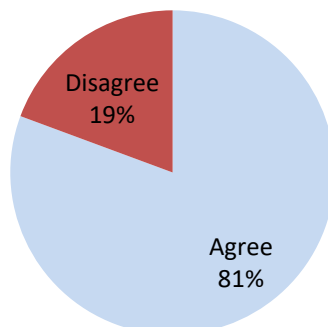
B.A 2 nd Sem (G)	5	
B.A 2 nd Sem (H)	53	
B.A 4 th Sem (G)	14	
B.A 4 th Sem (H)	46	
B.A 6 th Sem (G)	4	
B.A 6 th Sem (H)	31	
B.Voc		2

Gender

Male	78
Female	77

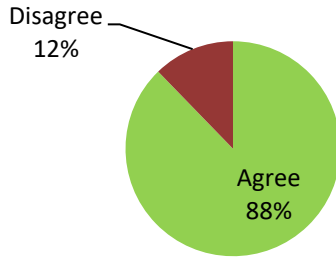
1. Students get the opportunity to participate in internship, student exchange, field visit and field trips.

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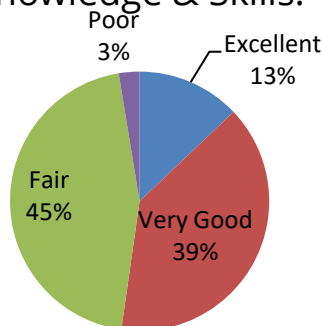
2. Opportunities for out of class room learning (guest lectures, seminars, workshop, value added programmes, conferences, competitions).

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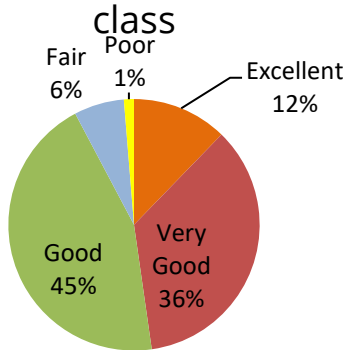
3. The course exposed me to new knowledge & Skills.

The course exposed me to new knowledge & Skills.



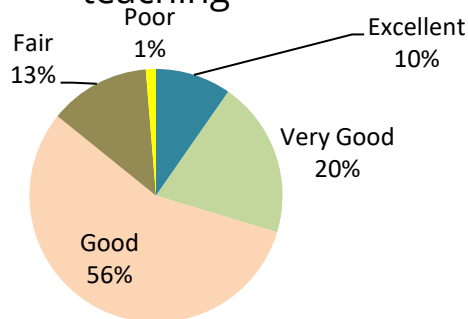
4. Course delivered by Teachers in the class.

Course delivered by Teachers in the class

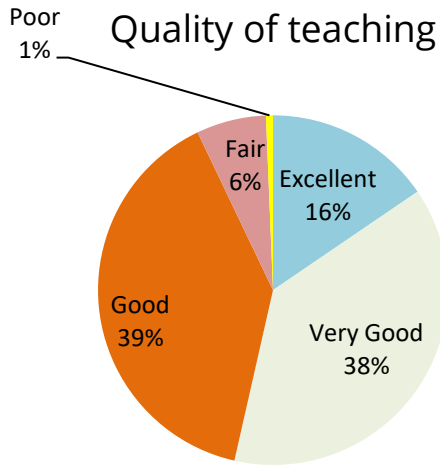


5. Usage of teaching aids and ICT in the class by Teachers to facilitate teaching.

Usage of teaching aids and ICT in the class by Teachers to facilitate teaching

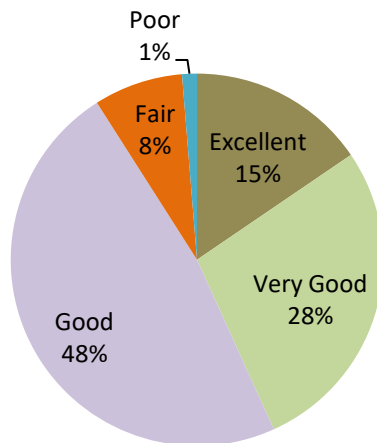


6. Quality of teaching.



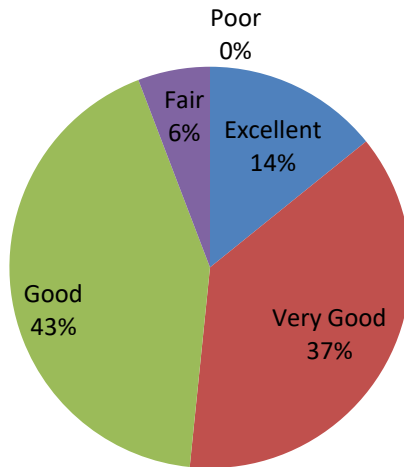
7. Accessibility of the teacher in and out of the classroom.

Accessibility of the teacher in and out of the classroom.



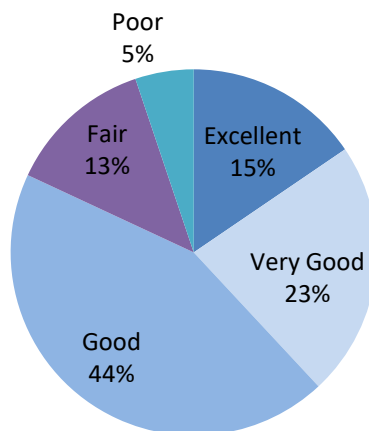
8. Depth of preparation and degree of knowledge of your teachers.

Depth of preparation and degree of knowledge of your teachers.



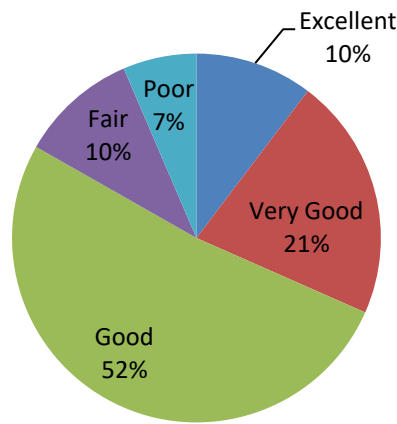
9. Timely announcement of examination results.

Timely announcement of examination results.



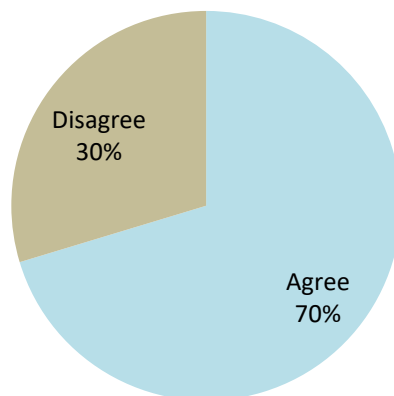
10. The programme added to your skills, concepts and analytical abilities.

The programme added to your skills, concepts and analytical abilities.

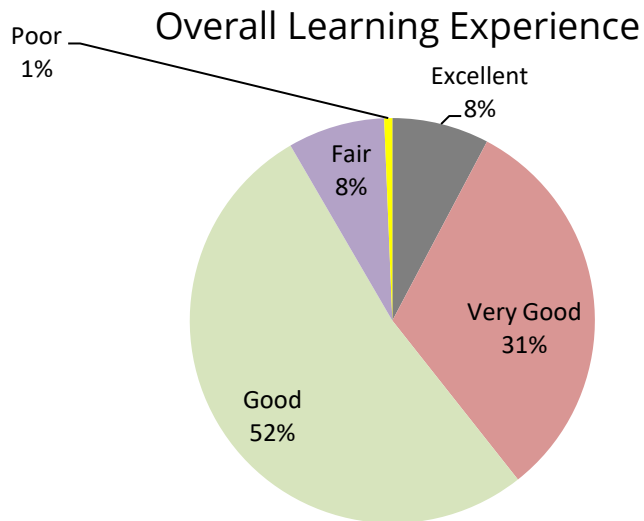


11. Study materials and reference books are available in the Library and E-Books.

Study materials and reference books are available in the Library and E-Books



12. Overall Learning Experience.



HIGHLIGHTS OF THE MONTH:

- 1st -30th April : B. Voc. internship
- 1st April : Departmental activity (i/c Dept. of Eco & History)
- 5th April : Monthly newsletter
- 6th -10th April : Good Friday and Easter break
- 13th-21st April : Pre-semester examination for Even semester

TO LOOK AHEAD:

- 9th May : Faculty Development Program (IQAC)
- 12th May : Parting Social