



## Editorial



Seeking for perfection and success  
All throughout .  
Pushing yourselves to be productive all day  
long.  
All you hear is, get out of your comfort zone!  
Oh! what a maze we run through!

We live in such an era, that the world place  
their expectations on an individual to live  
through it.  
There is a common structure for each  
individual to live by.

Hey dear, time to ponder!  
Are we being real us, or just in this lame race  
of being accustomed to the concept of  
society?  
Would you not be compassionate to yourself  
once again and remind, it's okay not to be  
perfect, it's okay to fail at times, it's okay to be  
left aside.

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The world can be cruel at times; people to whom you cling can be poisonous at times.

But would you still let them hold you back?

Well, how long ?

Time to step up, embrace positivity, and run through the race of life, with all your might!

As you got to live everyday.

So, "Commit your work to the Lord, and your plans will be established". - Proverbs 16:03.

For if you,

"Delight yourself in the Lord, he will give you the desires of your heart". - Psalm 37:4

You got to do what you got to do.

And let them say, what they got to say.

As every Man who has set foot in this soil is entitled to their opinion.

Let's not just live by the trend, nor by their definition.

Let YOU define yourself, and not being defined.

May more of you live, laugh, love. Enjoy every bonds, and ageing. And above all, your life's sojourn, that your creator has bestowed on you.

Let you be the real you!

Vive la to Yourself!

Happy April<3

**Ms. Livitoli Swu**  
**Social and Cultural Secretary**  
**MCSU**

## **FITNESS CHALLENGE ORGANISED BY THE DEPARTMENT OF POLITICAL SCIENCE AND SOCIOLOGY.**

As part of the college annual planner, the Dept. of Political Science and Sociology organised a "Fitness Challenge" competition on 18<sup>th</sup> March, 2023 in the college Indoor Stadium. The program was chaired by Mr. Shahilo Khing, Dept. of Political Science and Mr. Petevituo Livi Angami of B. A. 6<sup>th</sup> sem(Gen) acted as the event supervisor. The event saw the participation of 9 boys and 4 girls vying for the title. The competition items consisted of Burpees, Farmers walk, Box jump, Free squat and weight lift. Mr. Dieccoo of B. A. 4<sup>th</sup> sem(Gen) and Ms. Hile Woch of B. A. 2<sup>nd</sup> sem(Gen), having the least time required to complete the challenge were adjudged the winners. The winners were awarded with a cash prize of Rs. 1000/- each along with certificate. Cash prizes were also awarded to the best spectators. The programme concluded with prize distribution and photo session.





## MODERN COLLEGE OBSERVES INTERNATIONAL WOMEN'S DAY

An Essay writing competition was organized by Gender Champion Club, Modern College on account of International Women's Day on 7<sup>th</sup> March, 2023. The topic for the competition was based on the theme '**DigitALL: Innovation and technology for gender equality**'. During the competition, Dr. Vitsou Yano, Principal, shared on the significance of the day. The participants were encouraged with prize awards. Ms. Tiajungla and Ms. Urmipem Mokung of B. A. 4<sup>th</sup> Semester(Honours) were awarded first and second respectively. A total of 60 B. A. 4<sup>th</sup> Semester(Honours) students participated in the competition.



## B. A. 6<sup>TH</sup> SEMESTER STUDENTS FIELD TRIP TO KAPAMODZÜ

Students of B. A. 6<sup>th</sup> Semester, Modern College embarked on a field trip to Kapamodzü on 25<sup>th</sup> and 26<sup>th</sup> of March 2023.

Kapamodzu is a mountain peak in Phek District of Nagaland. It is the fourth highest peak and also the highest table top mountain in the State. The team also visited other popular landmarks in the area including Zapami Village - one of the greenest, cleanest and most harmonious village in the State, the picturesque Pine Hill and Chida Lake during the trip.

The field trip was organised in partial fulfillment of the Nagaland University prescribed undergraduate syllabus for Environmental Studies.

In total, 26 students and 2 faculty participated in the trip.

**Ms. Maongnaro Longkumer**

**B. A. 6<sup>th</sup> Semester**

**Dept. of History**









## FIRST POSITION

### **DigitAll: Innovation and Technology for Gender equality.**

The term 'DigitALL' is powerful in itself as it implies the access to digitalization and a 'Digital' world for 'All'.

Enough of awareness regarding the issue of gender equality is being made for years, across the globe. It is the innovative minds who use this input and strive to harvest results.

Gender equality or women empowerment does not mean ensuring some special or extra privileges for the female sex. It simply means ensuring that both the sexes - male and female, are being treated the same and that they enjoy and have access to same privileges and rights. This is a wrong notion which crosses one's mind when heard of the very widely known term ' Gender equality '. Gender equality movements are not movements launched out of pity! Instead, they are movements and steps towards bringing a sense of sanity in this insane world. From the earlier times, women have played important role in the betterment of the society. In spite of the negative notion since the olden times about the position of women in the society that they are to remain within the four walls of their house, we see the hands of many women in shaping history. Yes, the naysayers utter differently, but it is the work of the countless women which proves what is actually 'The truth'.

The world has witnessed much upliftment and the retreat of darkness from the society with the race of women after coming in touch with technology. On being exposed to innovation and technology, today, women and girls are brought to light and knowledge about their legal machinery. Geared with the access to knowledge, women are better able to use their rights which were once unknown to them.

Then, imagine, if having a little access to the internet and social platform, what are the possibilities and odds of the aim of gender equality being achieved through technology? It is evident that technology and devices are gender neutral in the world today. They serve and go a long way so as to eradicate and bring some sort of balance between the gender gap which exists today. The most common technology we see today are washing machine, dishwasher.

The comparison is to a very great extent. It is in the same four walls which girls and women were earlier confined to that they are now in face to face with technology. Technology within the four walls along with women and their innovative minds will merely go a long way to eradicate the difference and bring about gender equality.

Women have the greatest asset within them, the 'Mind' which has proved multiple times that they in no way are inferior to men. Now, with the 'mind' met with 'Technology', the world is blooming. Sure, there is a long way, it is a long journey until the day of a 'Gender equal' world but Rome was not built in a day and surely, women along with technology are the only assets required to build Rome.

**Ms. Tiajungla**  
**B. A. 4<sup>th</sup> Semester**  
**Dept. of Education**

## SECOND POSITION

### "DigitALL: Innovation and Technology for Gender equality"

We are living in a fast changing world. Through the development of modern technology, our human life status has increased exponentially. Digital technology have become critical in our lives. The acceleration of technological advancement is perhaps often illustrated by the exponential growth of computational powers, and by the ways in which this growth is transforming the journalism, the military, medicine, energy and other sectors. But where is a women's place in this rapidly advancing technological world. Historically, most technology is designed by men, for men. Prevailing gender reforms, roles and relations results in men and women facing different challenges, concerns, and experiences. These have often been overlooked when developing new solutions. Computer (and, through then, people) are of course increasingly connected through internet. And one result of this increased connections is that many more people in India and China- who were removed from the core areas of renovation in the West- now can go online and contribute to the scientific growth and development.

A major benefit of this increased collaboration has been exponential growth in the volume of scientific knowledge, which, create a platform for further faster development. Access to digital technology and, importantly, the ability to understand and use technologies has a positive impact towards women's freedom of expression, education and employment. The ownership of and use of digital technology have substantial potential for economic women empowerment and advancing gender equality. The access to the internet, and the ownership and use of technologies can promote additional employment opportunities, income and knowledge.

There is a gender digital divide: girls are disadvantaged when it comes to digital technology, have less access to the use of technologies than boys. They are also often not benefiting from the digital technology in the same ways as boys.

The inequality debate has long been a prominent feature of our politics, and many other social and cultural forces are interpreted in its light. Innovation and technology offers great promise in tackling development and humanitarian challenges and potential engines to promote gender equality. In spite of all these gains, however, women in emerging market are significant to barriers.

This digital products and services need to be designed with and to meet the girl's realities. Digital solutions, products and content often tend to design for 'default' user and fail to consider. For example, connectivity and limitations of data, devices girls have access to, their digital level of literacy or contents they want to see or relevant for girls. Despite best intentions, a team design a digital technology for user basis, that is predominantly man. Girls are left out of co-creation, product-testing and design. As a result, women are not able to get access to or find no reason to use. Thus, the gender digital divide widens and girls are out to greater disadvantage from the use of technology.

Women have great impact on society through technology. The inclusion of women in technology evolution benefit a society in general. The use of technology correlates with economic development. The use of technology promote women's efficiency of work, increase education, and multiply and speed up the expansion of online economy. Moreover, their ideas and perspective can boost the speed of development of a nation or society. Through their access of technology, it will promote their marketable skills, participate informed decision making, enhance their economic opportunities etc.

In conclusion, digital innovation and technology for gender equality has a powerful potential to bring gender equality. Women should take more control of their lives and overcome barriers to discover their full potential. Their access to technology will boost the speed of development of a nation.

**Ms. Urmipem Mokung**  
**B. A. 4<sup>th</sup> Semester**  
**Dept. of Education**



### **HOW I CRACKED NPSC IN THE FIRST ATTEMPT**

Thousands sit for the NPSC exam each year but only few make it through. I was one of the few fortunate ones. I secured Rank 7 in the NPSC (CSE) 2021-2022, securing me the most coveted post of the Extra Assistant Commissioner.

I did my B. A. in Political Science from Modern College, Kohima (batch of 2018-2021). I am the GOLD MEDALIST of my batch. I also served as the General Secretary of Modern College Students' Union for a tenure. I enjoyed my years at the college to the fullest.

I always wanted to do something different in life. This zeal and inspiration were always in me as I grew up. Whenever I see something wrong I want to fix it, and for that I need to be in a position to be able to do it. I observed that in our society being an administrator was one of those jobs which could put one in that position. Of course, one may also be engaged in other professions and can still contribute to the society in many ways.

Hence, my goal in life was clear. I knew what I wanted to do after my graduation. I worked hard prayerfully and fortunately I could clear the exam in the first attempt itself.

Let me get to the technicalities of the exam. NPSC conducts several exams under it each year but the Civil Services Examination (CSE) is considered to be the toughest, and indeed it is! It is called “competitive exam” for a reason: 16,000 candidates applied for 100 posts in the year 2021, about 1000 qualified for the Mains, and from that about 300 were selected for the Interview, and only 100 made it to the final list. In fact this exam is considered so competitive that making through it is termed as “cracking the exam”.

NPSC aspirants must know that it is not some board or university exams. The nature and pattern of the exam is quite different, and one has to know how to study. Let me cite my own example. I graduated in the month of July 2021. I sat for the NPSC Preliminary the same year, that is, November 2021. There was a gap of only 3 months between my graduation and the date of exam. Only few make it through in the first attempt, but in my case it was not only my first attempt but I was also a fresh graduate. I appeared the exam fresh out of college without a year gap for the preparation like many do, and of course without any coaching. Now, the question is ‘Is 3 months enough to crack NPSC Exam like I did?’

Being mentally prepared for the exam comprises 50% of the preparation process. I was mentally prepared for the exam right from B.A. 1<sup>st</sup> semester. Being mentally prepared does not mean the literal mental preparedness alone but also other exercises. My mental preparation consisted of the following:

- I downloaded the syllabus of NPSC (CSE) and studied the nature and pattern of the exam.
- I downloaded all the previous years’ question papers from the official website and studied the nature and pattern of the questions.

- I consulted with the previous years' toppers.
- I collected materials and books for the exam.
- I read newspapers daily. I have been reading newspapers since my secondary days. It is very crucial and a must for the exam.

I did all of the above during my college days. However, my preparation for the exam was not full fledged during my college days. It was only after my graduation that I gave my 100%. Without doing the above cited points one cannot pass the exam. For example, how can a candidate pass the exam if he/she does not know the syllabus or the nature and pattern of the questions! Hence, I was mentally prepared for the exam right from the 1<sup>st</sup> semester. I had everything planned out, waiting only for the graduation to put my plans into action! Therefore, planning and mental preparedness is very crucial.

Now to answer the question 'Is 3 months enough to crack NPSC Exam?', a BIG NO unless one has the brain of a computer. It was the same for me. Most people I met expressed great awe at my success as I made it through in my maiden attempt without coaching and fresh out of college. But I did not become an EAC with just 3 months of study. I had been preparing for the exam since the 1<sup>st</sup> semester. Another crucial point of focus is the graduation degree. I took Political Science as my main paper, with Economics, Environmental Science, History, and English as my additional subjects. If the syllabus of the mentioned subject combination and the syllabus of NPSC are compared then one will find similarities with common topics in them. Hence, 60-70% of NPSC exam preparation was already done during the college days as part of the preparation for my Nagaland University semester examinations.

The components of NPSC syllabus consist of topics like Indian polity, Indian history, public administration, Indian economy, etc. and these subjects were relevant to me. I personally observed that NU syllabus is academic oriented but I studied my subjects not in that framework but in the nature of the NPSC exam. And that paid off quite well. Aspirants may take cue from my experience and orient your degree study course in the manner of NPSC exam, and for that one needs to really grasp the core concepts of the subjects and not blindly study to get pass-marks, or for that matter even distinctions. I would like to point out that I was least concerned of being a Gold Medalist during my college days, nevertheless, I studied hard but in the perspective of the NPSC exam. But I am glad that I could secure the meritorious position in my graduation.

Science, maths and reasoning are substantial parts of the NPSC syllabus. Aspirants from Arts background may find it hard to cope with them but these subjects cannot be ignored as they carry a major portion of the total marks in both the prelims and the mains. Fortunately, I did my Higher Secondary in Science and hence basic science and maths were not very new to me. Don't be discouraged though as questions relating to science and maths are only of basic level.

Everyone will have their own strategy but I will share mine. The following sums it all:

Mental preparedness as explained above.

I attempted all previous years' questions to test myself.

I practiced answer writing to adjust my timing, and check the quality and quantity of the answers.

I made hand written notes for current affairs from newspapers.

I did multiple revisions. This is a must. I revised some books for over 25 times. Don't simply study but know the concepts of the topics.

Always dedicate your study with a prayer.



I did not have fixed hour study timing but it usually ranged from 3-6 hours a day. I preferred studying at night, hence I would sleep late and wake up quite late. However, it depends from persons to person.

There are many sources and books you can refer and study from but I would like to share my **book-list**:

- Arihant G.K by Manohar Pandey. This booklet has all the subjects. Beginners may use this book for learning concepts on various subjects.
- Indian Polity: M Laxmikanth (I used this book even for my degree course).
- Geography: D R Khullar.
- Economics: Indian Economy by Ramesh Singh for reference.
- Indian History:
  - Modern : Spectrum by Rajiv Ahir.
  - Ancient and Medieval : Ray Chaudhary.
  - Magbook (Indian History) for all.
- Computer and Indian Art and Culture: Arihant GK.
- Nagaland: A book by Phira M for general knowledge and newspapers for current affairs. You may also read SCERT Nagaland

Textbook for class 9 and 10.

- Science: Arihant GK and Magbook.
- Maths: Class 7, 8,9,10 SCERT, NBSE.
- Newspapers: The Hindu and Morung Express.
- Current Affairs: Arihant Competition in Focus magazine (monthly and half yearly).
- Public Administration: "Public Administration" and "Governance in India" by M Laxmikanth. This is only for the Mains.

Coaching is not necessary but if you can afford and feel that it will help then you may go ahead with it. It is very much possible to crack this exam without any coaching. In fact, most of the candidates who secured Gazetted posts were those who didn't take coaching. Also, one need not be a topper or gold medalist to be successful in competitive exams. There are many successful candidates who were average students in their secondary and college days. It is because the nature of the two exams are very different. Anyone with sincere efforts can clear this exam.

Personal suggestions for the beginners:

Refer and study the syllabus. Know the nature of the exam.

Refer the previous years' question papers and know the pattern of the questions.

Always read newspapers daily.

Start your preparation during your secondary and college days.

The study in your college or secondary will be directly linked with the NPSC exam, therefore do so with sincerity.

Develop your personality. It is needed for the interview.

I can confidently say that my college years were fruitful. My tenure as the General Secretary helped me in a great deal during my interview, as many questions were related to it in some ways and I could answer them all quite satisfactorily. Hence, all my experiences and activities of my college years helped me in the exam in one way or the other. Therefore, students must try to make the best use of their college experiences in the real world that may benefit them in some way, may be not necessarily the competitive exams strictly.

Hard work and dedication really pay off well. However, one must not simply work hard but also work smart! I worked hard and smart, hence the result. I would like to encourage the students

that achieving one's dreams is really pleasing. Be ambitious in life. I was ambitious! I wanted to crack the exam without coaching and in the first attempt, and without taking a study break after the graduation, and also I wanted a Gazetted post and that too not mere Gazetted posts but EAC, the most sought-after post. Most people take years to achieve the status, but I wanted to achieve all that within a short period of time. This level of ambition and dedication is necessary in all aspects of life, not just for competitive exams as it was in my case. Competition is growing day by day in all the fields and we must always try to be the best. The least you could do is to give your best in everything you do.

Now, I hold one of the top administrative posts in the state government, and this is not an end in itself but a mere means to achieve something. It is not primarily the status that I have achieved but responsibilities. Now, I am obligated to perform my duties effectively being in the position.

I hope this article would help the readers, especially the students, find encouragement in some way or the other.

I am thankful to God for all the blessings.

**Mr. L. Chinglem Konyak**  
**Batch of 2018-2021**

## TWO WORLDS

Born in a free World  
Where love was free of charge,  
And smiles filled with purity  
Mornings awaited with gentle and mellow hugs  
And hours spent to watch cartoons  
With days for friends and no foes.

Born in a World  
Where worries were none  
And responsibilities unknown  
Yes, there was such an epoch  
When every salty tear was sweetened with a reward.

Now the same world seems different  
With rooster crows turned into alarm clocks  
Gentle hugs into harsh morning rush  
With love so expensive  
And smiles so impure  
Days now I spend in filtering between foes and friends.

In this World  
My frigid heart  
And clueless mind desire for some sorcery  
For it is the only thing  
Which can make them virtuous again.

**Mr. Ricky Das**  
**B. A. 2<sup>nd</sup> Semester**  
**Dept. of Political Science**

## Can Young Nagaland, do it?

When control over money, muscle and tribal groups is the sole determinant of success in a political set up, we cannot expect anything better. Can young Nagaland rise up to this challenge and provide an alternative? Can we put in place a set up where people go up the political ladder based on meritocracy, capability and integrity instead of dynastic and tribal affiliations, money power and nepotism?

Nagaland is a very young state and in a political democracy like ours, the political system is the lifeline of the state. Every aspect of our society is affected by the health of the political system. Sadly, today this one system, the political system which was intended and created to solve the problems of the state has itself become the biggest problem for the state.

We have a system where the sole determinant of success depends upon tribe, money power and the influence of money or dynastic affiliations. That one man who is born in a particular family or that man who can bring enough money to this game of politics gets the ticket. This is a system where meritocracy is not respected, where talent is not respected. In this system where hard work and sincerity is not rewarded, can we ask the same of our young people? Can we encourage them to get into a system like this? This problem of young people not being encouraged and welcomed by the political system is just a symptom of a larger malaise that is afflicting the body quality of the state.

Can we have a David Cameron in Nagaland? Can we have a Barack Obama in Nagaland? Who, without any strong political background rose to occupy the highest offices in their countries based on sheer merit of their talent, competence and capability.

As young people of the state, what hope and changes can we bring? I agree that there are many pressing challenges but you and I should understand that long-lasting solutions to all these problems can be found if we correct this political system.

So how do we do this? There are a lot of innovative solutions. Say, for example, if we want to curb the influence of 'tribe' in the electoral scenario, can we cut and resize our constituency in such a way that no one tribe or religion becomes the decisive majority? Can we also bring systems like preferential voting which will induce and encourage

voters and political parties to appeal to the electorate on broad-based issues rather than sectarian and narrow appeals? Can we think of how to prevent people with criminal antecedents to even enter the system? Can we bring in a legislation which bars people who have been chargesheeted of committing heinous offences? And then we come to the question of money and this is a very complex question. Can we think of new solutions? Can we think of more effective measures to curb the meanness of freebies during elections? Can we think of institutionalizing mechanisms through which transparent funding for political parties and candidates can be brought about and to address the problem at its root?

If we are successful in doing this, this is going to have an effective impact on the state's political scenario. It is going to serve the purpose but the question is, who will do it? The question is, will the ones who are presently occupying these positions, the present lot, deliver these goals? Can those people who are benefitting from the status quo assure change? So who will bell the cat? The answer is right before us. The youth of this state, the young people of our land. You and I have to take this initiative. Armchair cynics will say that this is a very difficult proposition. Our plans and dreams are mere wishful thinking but not all is lost. We need not lose hope.

By pinning our hopes, by pinning our energies and by reposing our faith in the common people of this land, we are seeking a better future for ourselves and for this state. We need to make and build a fair and a more egalitarian political system where any of us coming from modest backgrounds, coming from backgrounds which do not have a political legacy can find a place in this system.

As one of the principal architects of the country's constitution, Dr. B.R. Ambedkar once said these ominous words, "However good a Constitution may be, if those who are implementing it are not good, it will prove to be bad. However bad a constitution may be, if those implementing it are good, it will prove to be good." The founding fathers of this country gave all of us a sublime constitution. And yet, you and I have to resolve. Let us resolve for today, for posterity and for the future of this land. Let us not leave politics to be the last resort of the scoundrel.

**Ms. Moarenla Jamir, B.A. 6th semester, Modern College, Piphema**

*reflect the view of this newspaper nor that of the Editor in any manner.*



B.A. 2<sup>nd</sup> Semester (General)



B.A. 2<sup>nd</sup> Semester (Honours)



B.A. 4<sup>th</sup> Semester (General)



B.A. 4<sup>th</sup> Semester (Honours)



B.A. 6<sup>th</sup> Semester(General)



B.A. 6<sup>th</sup> Semester(Honours)





B. Voc. 2<sup>nd</sup> Semester



B. Voc. 4<sup>th</sup> Semester



B. Voc. 6<sup>th</sup> Semester

**HIGHLIGHTS OF THE MONTH:**

- 3<sup>rd</sup> March : Students' care  
 4<sup>th</sup> March : Departmental activity ( i/c Dept. of pol. Sc & Sociology)  
 6<sup>th</sup> March : Monthly newsletter  
 7<sup>th</sup> March : International Women's day ( i/c Gender Champion Club & IQAC)  
 10<sup>th</sup> March : Assembly  
 27<sup>th</sup> – 30<sup>th</sup> March : Pre-semester exam of B. Voc.

**TO LOOK AHEAD:**

- 1<sup>st</sup> -30<sup>th</sup> April : B. Voc. internship  
 1<sup>st</sup> April : Departmental activity (i/c Dept. of Eco & History)  
 5<sup>th</sup> April : Monthly newsletter  
 6<sup>th</sup> -10<sup>th</sup> April : Good Friday and Easter break  
 13<sup>th</sup>-21<sup>st</sup> April : Pre-semester examination for Even semester