



Editorial



Index	
Editorial	1-3
Activities	4-13
Alumni Activities at a glance	14
The Festive Anthology	15-22
Snapshots Of The Season	23-25
Campus Diary	26-27

Embracing the Power of Time: Living Life with Intention and Purpose

Living life according to time is an art that requires discipline, intention, and a deep understanding of the value and power of time. As the ancient Greek philosopher, Heraclitus, once said, "The only thing that is constant is change." Time is the great equalizer, and it is the one resource that we all have in equal measure. Yet, it is how we choose to allocate this resource that can make all the difference in our lives.

Information:

For more college updates

follow us on:

Instagram:

@modern_college_official

Website:

www.moderncollege.edu.in

Email: admin@moderncollege.edu.in

To live life according to time, we must first understand the importance of being present in the moment. In today's fast-paced world, it's easy to get caught up in thoughts of the past or worries about the future. However, when we focus on the present, we can tap into a sense of calm, clarity, and purpose. Mindfulness practices such as meditation and deep breathing can help us cultivate a greater awareness of the present moment and reduce our tendency to get caught up in distractions.

In addition to being present, effective time management is crucial for making the most of our time. By prioritizing our tasks, setting realistic goals, and avoiding procrastination, we can optimize our productivity and achieve a better work-life balance. This requires us to be intentional about how we allocate our time and to make conscious choices about what we want to achieve. It also requires us to be flexible and adaptable, as unexpected events and challenges will inevitably arise.

Another key aspect of living life according to time is embracing the beauty of impermanence. Time is a reminder that everything in life is impermanent, including ourselves. By embracing this reality, we can cultivate a sense of gratitude, appreciation, and mindfulness. Rather than resisting change or clinging to the past, we can learn to adapt, evolve, and grow with the passage of time. This requires us to be open-minded, curious, and willing to learn and grow.

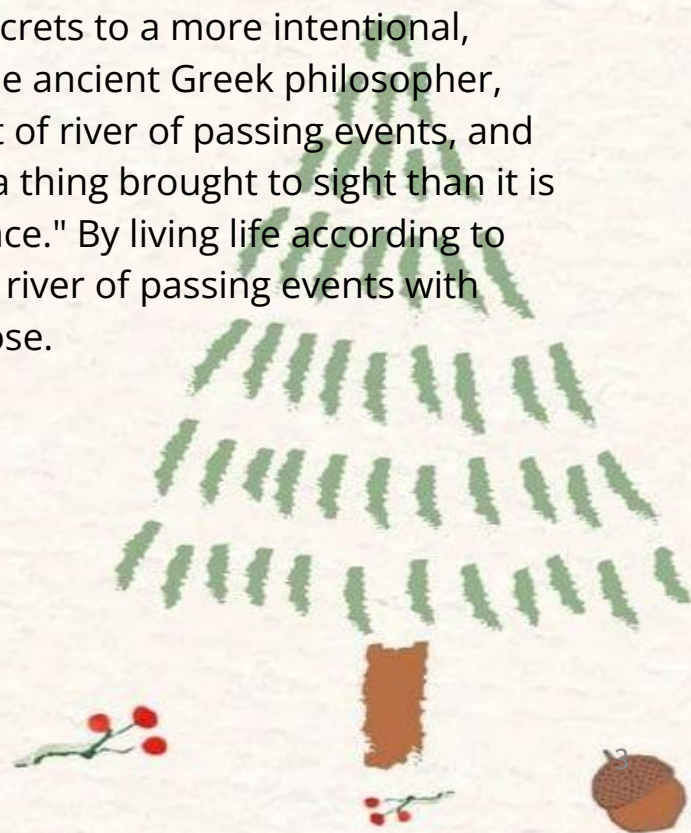
Furthermore, living life according to time requires us to have a clear sense of purpose and direction. When we know what we want to achieve and why, we can focus our time and energy on pursuing our goals. This requires us to be reflective, to know our values and priorities, and to be willing to make tough choices and trade-offs. It also requires us to be patient, persistent, and resilient, as achieving our goals will inevitably take time and effort.

In addition, living life according to time requires us to take care of our physical, emotional, and mental well-being. When we are healthy and well, we are better able to manage our time, focus on our goals, and live life to the fullest. This requires us to prioritize self-care, to make healthy choices, and to seek help and support when we need it.

Finally, living life according to time requires us to cultivate a sense of gratitude, appreciation, and wonder. When we are mindful of the present moment and the beauty of the world around us, we can tap into a sense of awe, curiosity, and joy. This requires us to be open-minded, curious, and willing to learn and grow. It also requires us to be present, to focus on the moment, and to let go of distractions and worries.

In conclusion, living life according to time is a complex and multifaceted challenge that requires discipline, intention, and a deep understanding of the value and power of time. By being present, prioritizing our time, embracing the beauty of impermanence, having a clear sense of purpose and direction, taking care of our well-being, and cultivating a sense of gratitude and wonder, we can unlock the secrets to a more intentional, purposeful, and fulfilling life. As the ancient Greek philosopher, Aristotle, once said, "Time is a sort of river of passing events, and strong is its current; no sooner is a thing brought to sight than it is swept by and another takes its place." By living life according to time, we can learn to navigate the river of passing events with greater ease, intention, and purpose.

Mr. Tsurenthong
BA 5th Semester
Social & Cultural Secretary



RRC MODERN COLLEGE OBSERVES WORLD AIDS DAY

The World AIDS Day which is celebrated every year on 1st December all over the World was observed with the theme "Take the Rights Path: My Health, My Rights!" Upholding the United Nations Declaration on Human Rights, and fostering inclusion of all communities which are essential for ending AIDS, and ensuring sustainable development for human society, RRC Modern College observed World AIDS Day

So, in Commemoration of the Day, a Painting Competition was organised by the Red Ribbon Club of Modern College. A total of 9 paintings were received and a Cash Prize of Rs.1500/, Rs. 800/ and Rs. 500 were given to the 1st, 2nd and 3rd winner on 3rd December.

The winners were -

- 1st Prize – Mr. Tingngam Y Konyak of B.A 5th semester
- 2nd Prize – Ms. Rothrongu Sangtam of B.A 5th semester
- 3rd Prize – Ms. Rachel Thiumai of B.A 3rd semester





IGNOU END TERM EXAM AT MODERN COLLEGE, KOHIMA CAMPUS

IGNOU End Term Examination commenced on the 2nd December, the exam is set to go on till the 9th of January, 2025. We wish the learners the very best in their examination.

Modern College is one of the host institutions of Indira Gandhi National Open University. It has a Study Centre in Kohima Office established in 2014. The IGNOU SC-2001 aims to provide and cater to educational needs for career enhancement and knowledge growth. For any query, drop in to IGNOU Office, SC-2001, Dzuvuru Colony, Kohima.



RED RIBBON CLUB MEMBERS SAVE LIVES WITH BLOOD DONATION AT NAGA HOSPITAL

On 4th December, 2024, Mr. Haotinlun Singson and Mr. Lunminngam Haokip both of B.A. 3rd semester and members of the Red Ribbon Club, Modern College donated blood to a patient at Naga Hospital, Kohima.

A small act of kindness can make a huge difference.



MODERN COLLEGE STUDENTS PARTICIPATE IN INTERACTIVE SESSION WITH UNION MINISTER, DR. MANSUKH MANDAVIYA

Students of Modern College attended a programme on 7th December, 2024 at IG stadium where Dr. Mansukh Mandaviya, Union Minister for Youth Affairs & Sport and Labour & Employment, interacted with the participants.



MODERN COLLEGE CONDUCTS GREEN AUDIT THROUGH NPCB

Modern College, Piphema conducted its first Green Audit on 11th December 2024, through the Nagaland Pollution Control Board (NPCB). This much-needed audit was organised by the IQAC Modern College, and in which, four officials from NPCB, namely Er. Aghali A. Swu (Senior Environmental Engineer) was accompanied by Er. Kevised Pucho (Assistant Environmental Engineer), Mr. Moakumzuk Jamir (Data Entry Operator) and Ms. Sentinaro (Senior Scientific Assistant) investigated the campus and its initiatives to maintain an eco-friendly and pollution-free campus. The Principal Investigator of the Botanical Garden, Dr. Dandesh Kumar, briefed the officials on endangered plant species and the practice of vermicompost and water harvest within the conserved area. The officials from NPCB also visited the Hostels and the College Cafeteria to observe waste management. Samples of water, both filtered and unfiltered, were also taken for testing. Meanwhile, the campus is also undergoing an air quality check.

Modern College is continuously striving towards an eco-friendly and pollution-free campus, and this initiative undertaken by IQAC with the assistance of NPCB is just another positive step towards that goal.





MODERN COLLEGE HOLDS ANNUAL GOVERNING BODY MEETING

Modern College Annual Governing Body Meeting was conducted on 11th December 2024. The meeting was another fruitful discussion with specific agendas being addressed, attended by the board members of the committee, along with the administration and the management of the institution.



MODERN COLLEGE CELEBRATES STAFF PRE-CHRISTMAS

The Faculty members of Modern College celebrated Staff Pre-Christmas on 13th December. The programme was chaired by Mr. Keneingulie (Asst. Prof.), while Dr. Vitso Yano, the Principal shared the Christmas Message. Ms. Mhabeni Ngullie (Librarian) and Mr. Teisovi Domeh (Asst. Prof.), shared their personal experiences and perspectives on what Christmas means to them. Special numbers and Special performances from both teaching and non-teaching staff were also presented.

The get-together was indeed a warm and an apt way to end the year's Academic Session.







MCAA FUNDRAISE UPDATE

The Modern College Alumni Association has taken up the initiative in raising funds for the construction of the football ground and this project has taken full swing. **The contribution from the Alumni as of December 2024 is Rs. 91,751.**

The gradual yet positive response from the Alumni is immensely appreciated by the institution. We look forward to seeing more of such progress, and in making the completion of the football ground yet another successful endeavour by the Alumni Association.






THE FESTIVE ANTHOLOGY

**A MINI COLLECTION OF PROSE AND POETRY
FROM THE STUDENTS OF MODERN COLLEGE**

**Based on the theme of Christmas, may these literary
pieces evoke the warmth and festive spirit among all the
readers. Wishing you all a joyous Christmas.**



Making Christmas Special

Christmas is a time for joy, love, and togetherness. It doesn't take grand gestures to make it special; the simplest moments often mean the most. Spending time with family and friends is at the heart of the season. Share meals, exchange stories, or watch a holiday movie together to create lasting memories.

As a child, Christmas often felt like pure magic. Remember the excitement of hanging stockings and sneaking peeks at presents? There was that rush of adrenaline, hoping no one caught you in the act, as if Santa would somehow know you were spying and cancel your gifts. Then there was the attempt to stay up all night to catch a glimpse of Santa. We all thought we were so clever, lying there wide-eyed and "alert," only to fall asleep five minutes later with the sound of reindeer hooves echoing in our dreams. And who can forget the midnight snack left out for Santa? We were convinced the plate of cookies and milk would magically disappear. Little did we know, our parents had already "helped" Santa out with a few bites to keep the tradition alive!



Including friends and family in your Christmas celebrations now can bring back some of that childhood wonder. It's not just about the presents, but about the fun, laughter, and those silly traditions. Sure, we've all grown up, but a little bit of that holiday magic never really goes away—it just gets a little more organized and a lot less sticky. So, grab your friends and family, and create new memories, even if you're just reminiscing about the time you were sure Santa would only bring you presents if you didn't peek!

Thoughtful gifts, like homemade treats or personalized notes, show love and appreciation without needing to be expensive. And don't forget to spread kindness—helping someone in need or sharing a laugh with a stranger captures the true spirit of Christmas. Decorating your home, creating traditions, and taking time to reflect on your blessings make the holiday even more meaningful. Whether it's baking cookies or re-enacting childhood snowball fights, the joy is in the simple, fun moments.

Ultimately, Christmas is about connection and joy. By focusing on love, laughter, and togetherness, we can make the holiday unforgettable—and maybe even as magical as when we still believed in Santa's chimney acrobatics!

MS. KETOUSENO VIELIE
BA 3rd SEMESTER
DEPT. OF POLITICAL SCIENCE



The Heart Of Christmas

The night turns calm, the stars shine bright,
A glow of hope fills the quiet night.
The air is cold, but hearts are warm,
A season of love in every form.

A tree stands tall with stories to share,
Of love, of joy, of hearts that care.
Each twinkling light, a promise renewed,
Of peace, of kindness, of gratitude.

It's not in the gifts or the ribbons we see,
But in moments of giving that set us free.
The magic of Christmas lives in the heart,
A timeless light that sets us apart.

So carry its warmth through the days ahead,
In the words you speak, the life you've led.
For Christmas shines when we choose to
give,
A love that lasts in the lives we live.

MS. NIEPUVINUO RHITSO
BA 3rd SEMESTER
DEPT. OF SOCIOLOGY



This Is What Winter Feels Like

Winter feels like a sudden stop—a pause in the rhythm of life as a chill settles into the air. The mornings arrive wrapped in soft mist, blurring the world and reminding us to slow down. There's a coolness in the air that touches your skin, urging you to bundle up and enjoy the season's quiet embrace. It's a time to set everything else aside and enjoy the present, spending moments with family and friends. We gather around tables, the smell of sizzling pork chops filling the room as laughter mixes with the clink of glasses and lively chatter.

Every winter brings something different. As a child, winter felt like an endless holiday—like time stretched out, full of excitement and fun. We couldn't wait for the season to begin, and we looked forward to new clothes as a sign of Christmas, each piece adding to the celebration. The cold air seemed to make everything feel more magical, turning even the simplest things into something special.

As we grow older, winter grows with us. The simplicity of childhood wonder transforms into deeper reflections on the year past. Winter becomes a time not only for rest but also for thinking about our own growth. It's like taking a break after a long stretch, allowing us to rest and reset before the new year. Yet, even as the cold seeps into the world outside, inside, we are filled with warmth, both in body and spirit, ready to welcome whatever lies ahead.

MR. LHÜVOTO VESWÜH
BA 3rd SEMESTER
DEPT. OF ECONOMICS



Christmas

Chilly breezes whisper through the afternoon,
Cozy mornings nestle in a warm cocoon.
Soon the jingle bells will sweetly chime,
Farewell to T-shirts, it's jacket time!
Eleven months of joy and strife,
Then comes December, a month of life.

Pains are certain, yet comfort's near,
For Christ was born on the 25th, dear.
Laid in a manger, with hay soft and round,
A wondrous creation, in love profound.
You have a million reasons to smile today,
In every little moment, joy finds its way.

Christmas, a time for hearts to unite,
In body and spirit, our souls take flight.
Love shines brighter when we're side by side,
Let joy fill our hearts, let our spirits abide,
In the warmth of the season, everything feels right,
Together we celebrate, in the soft, glowing light.

MS. RÜÜLHOÜ KHAWAKHRIE
BA 1st SEMESTER
DEPT. OF ENGLISH





A Christmas Celebration of Love, Hope, and Kindness

Christmas is a special time of the year that brings joy and happiness to my heart. It's a celebration that means love, kindness, and togetherness. The moment the calendar flips to December, I can feel the excitement building up inside me.

To me, Christmas is about spending quality time with my loved ones. It's a time when families come together, share stories, and create new memories. The festive atmosphere, decorated trees, and twinkling lights all add to the magic of the season.

I cherish the tradition of decorating our home with Christmas decorations. Hanging stockings, setting up the Christmas tree, and placing candles in the windows are all part of the fun. It's amazing how these small actions can bring so much joy and create a sense of warmth and coziness.

Christmas also reminds me of the importance of giving and sharing. It's a time when people show kindness and generosity to those around them. I love seeing the smiles on people's faces when they receive gifts or acts of kindness. It's a wonderful feeling knowing that I can make a difference in someone's life.

The spirit of Christmas is also about forgiveness and understanding. It's a time to let go of past grudges and come together with love and compassion. I believe that this is one of the most important aspects of Christmas, as it reminds us of the importance of kindness and empathy.

Moreover, Christmas is a celebration of hope and love. It's a reminder that even in difficult times, there is always something to be grateful for. The story of Jesus' birth is a powerful symbol of hope and redemption, and it continues to inspire people around the world.



As I reflect on the true meaning of Christmas, I'm reminded of the importance of living with love, kindness, and compassion. It's a time to look beyond our differences and come together as a community. Whether it's through volunteering, donating to charity, or simply being there for someone in need, we can all make a positive impact.

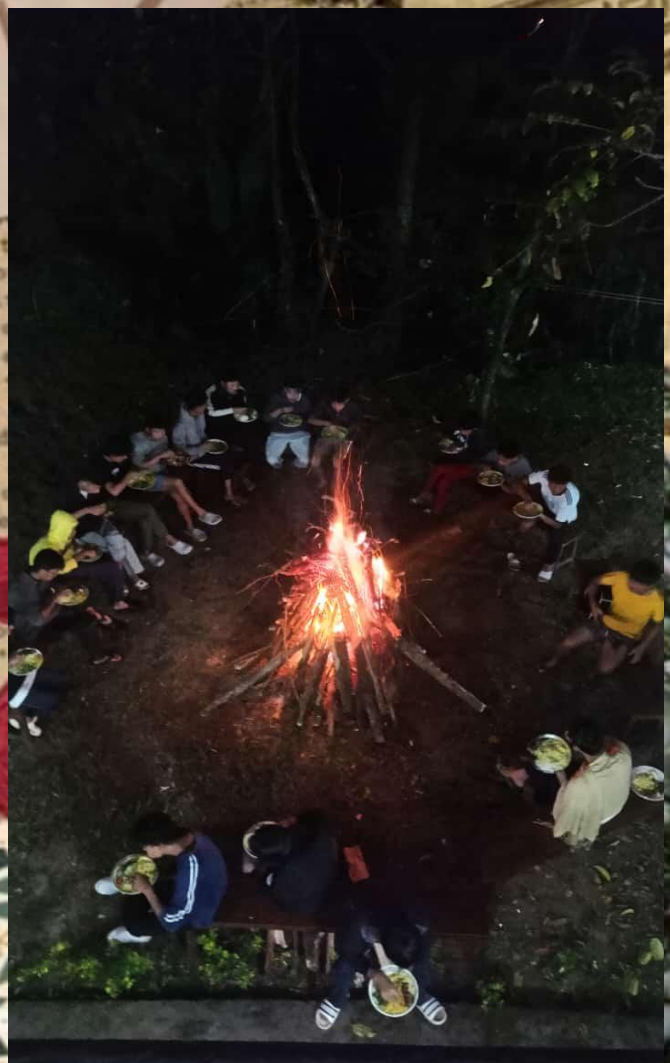
In the midst of all the hustle and bustle, it's easy to lose sight of what Christmas is really about. But for me, it's a time to slow down, appreciate the little things, and focus on what truly matters. Whether it's spending time with loved ones, enjoying festive traditions, or simply taking a moment to appreciate the beauty of the season, Christmas is a time to cherish and make the most of.

In conclusion, Christmas is a special celebration that fills my heart with joy, love, and kindness. It's a time to connect with others, show generosity, and spread hope. As I look forward to this festive season, I'm reminded of the importance of living with love, kindness, and compassion.



MR. LAMGOUSANG
BA 1ST SEMESTER
DEPT. OF POLITICAL SCIENCE

A collection of pictures that captured the essence of the festive season within the campus.



SNAPSHOTS OF THE SEASON



SNAPSHOTS OF THE SEASON



HIGHLIGHTS OF THE MONTH

1 st December	: World AIDS Day (i/c Red Ribbon Club)
2 nd December	: HoD Meeting
4 th December	: IQAC Meeting
5 th December	: Positive Link
10 th December	: Management and Administration Meeting
13 th December	: Faculty Members Advent Christmas Celebration
14 th Dec.-14 th Jan 2025	: Winter Break
Last Working Day	: Submission of Monthly Report : IPR, IQAC, HoDs & Hostel Wardens

TO LOOK AHEAD

13 th January	: Joining Report for Hostel Wardens & Cooks
14 th January	: Joining Report for all Staff/Hostellers/Staff Meeting/Departmental Meetings
15 th January	: Reopening of Class for Even Semester
22 nd January	: IQAC Meeting
23 rd January	: HoD Meeting
24 th January	: Assembly (i/c Administration)/ Library Committee Meeting
28 th January	: Management & Administration Meeting
31 st January	: Students' Care/ Submission of Monthly Report: IPR, IQAC, HoDs & Hostel Wardens