

# MODERN COLLEGE



# POSITIVE LINK

A MONTHLY MODERN COLLEGE PUBLICATION

## Editorial



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### Information:

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Welcome, everyone, to a new issue of "Positive Link"!

As the semester moves forward and we find ourselves in the midst of deadlines and new challenges, it can be easy to get caught up in the stress of it all. This month, our team wanted to create a space to step back and celebrate the good.

This issue is a gentle reminder that amidst the hard work, there are countless moments of joy, connection, and growth happening all around us. We hope these features serve as a spark of inspiration- reminding you that your hard work and dedication are creating a positive impact. Look for

the small victories, celebrate the progress you've made, and don't forget to reach out and connect with the people who make our college community so special.

To our amazing students, thank you for sharing your light with us. And to you, our readers, thank you for being a part of this community. We hope this issue helps you find your own positive link.

**Ms. Mahima Rai**

**Literary Secretary, MCSU**

## 14<sup>TH</sup> NAGALAND LEGISLATIVE ASSEMBLY

On 4<sup>th</sup> September, 2025, the students had the enriching opportunity to witness the proceedings of the 7<sup>th</sup> Session of the 14<sup>th</sup> Nagaland Legislative Assembly. 23 students and 2 faculty members from the Department of Political Science attended the session.



## TEACHERS' DAY

Modern College celebrated Teachers' Day on 5<sup>th</sup> September, 2025 at the Indoor Stadium. The programme featured prayers, exhortation, special performances, and an award presentation, honouring teachers' dedication and invaluable contributions.





## MILITARY CIVIL FUSION SEMINAR

13 Assam Rifles, in collaboration with Spear Corps, held a three-day Military Civil Fusion Seminar at Kohima Garrison from 8-10 September, 2025. The event aimed to align defence initiatives with civilian governance for Nagaland's development. Speakers from governance, sports, disaster management, healthcare, NCC, tourism, and media shared insights on strengthening military-civil collaboration. Assistant Professors Mr. L. Athikho and Ms. Watimongla Imchen from Modern College, along with four MITE students, attended the seminar on 10<sup>th</sup> September, 2025.



## CAMPUS VISITATION



Prof. Deepak Shukla, Vice Chancellor, International University, Nagaland and Professor Zavisé Rume, Director (Vocational Studies), International University, Nagaland paid a visit to Modern College.



Students and teachers of Norman Putsure College paid a visit to Modern College on 12<sup>th</sup> September.

## FIRE SAFETY MOCK DRILL

On September 16, 2025 Nagaland Fire & Emergency Services conducted a mock drill at Modern College to equip students with vital fire safety awareness and emergency response skills.



## CLEANLINESS DRIVE

On 16<sup>th</sup> September, the Volleyball Club of Modern College organised a cleanliness drive in and around the Volleyball Court area, aiming to maintain a clean and safe space for practice and play.



## WORLD OZONE DAY

World Ozone Day is observed annually on September 16. Commemorating the Day, the Eco Green Club organised a “poster making” activity with World Ozone Day as the theme. The main aim behind this was to create informative posters with a clear message. The day saw the participation of 13 club members.



## CLEANLINESS DRIVE CONDUCTED UNDER SWACHH BHARAT ABHIYAAN

Modern College organised a mass social work in and around its campus on 17<sup>th</sup> September, 2025 under the Swachh Bharat Abhiyaan to commemorate the birthday of the Hon'ble Prime Minister, Shri Narendra Modi. The mass social work was conducted in collaboration with the 78 Battalion of the Central Reserve Police Force (CRPF), Sechü Zubza.





## HELL WEEK 2025

National Cadet Corps of Modern College conducted the annual three-day HELL WEEK training camp from 17-19 September. 14 cadets from the Senior Wing (SW) participated in the camp. The commander of the camp was SUO Mr.Haotinlun assisted by JUO Mr.Thangboi Haokip and CSM ,Mr.Lokito Achumi under the supervision of CTO Mr.Kevingukho Kehie.





**RRC COLLABORATES WITH NSS AND NCC FOR EXTENSION SERVICE**

On 20<sup>th</sup> September, 2025 the RRC Unit of Modern College, in collaboration with the NSS and NCC, conducted an HIV Awareness Programme at Piphema A under the theme “Let Communities Lead.” Three faculty clubs in charge, along with students and a good number of villagers, actively participated in the programme.





## AWARENESS PROGRAMME ON OPERATION SINDOOR

The 22 Assam Rifles Battalion, in collaboration with NCC, Modern College, organised an awareness programme on Operation Sindoor on 20<sup>th</sup> September 2025.

Captain Nimish Rajuoria delivered a detailed presentation on the operation, launched in response to the Pahalgam terrorist attack (6-7 May 2025), which claimed 26 civilian lives. The session included videos and discussions on the valour of the Armed Forces, Pakistan-based terrorism, and major attacks such as Mumbai 2008 and Pulwama in 2019. Captain Rajuoria highlighted how the Indian Army carried out precision strikes on nine terror hubs while the government-maintained restraint against repeated provocations.





OPEN MIC ON 24<sup>th</sup> SEPTEMBER, 2025



## NSS FOUNDATION DAY

The NSS Unit of Modern College observed NSS Foundation Day on 24<sup>th</sup> September with great enthusiasm by actively participating in the Viksit Bharat Young Leaders Dialogue (VBYLD) Quiz. The event provided a valuable platform for students to showcase their knowledge, leadership potential, and awareness of national development initiatives. Through this participation, the unit reaffirmed its commitment to fostering teamwork, intellectual growth, and the spirit of service among volunteers.





**ASSEMBLY**

On 25<sup>th</sup> September 2025, the morning assembly was conducted by the 1<sup>st</sup> Semester students.



PRESENTING THE OFFICIAL KIT OF THE FOOTBALL CLUB



## MOCK PARLIAMENT

Modern College, in collaboration with IGNOU Regional Centre-20 and the Department of Political Science, organised an IGNOU Orientation and Mock Parliament at the college Indoor Stadium. The event aimed to create awareness about educational opportunities under IGNOU and to provide students with an experiential understanding of parliamentary procedures.

The programme was chaired by Ms. Ketouseno Vielie, 5<sup>th</sup> Semester student of Political Science, with a welcome address by Mr. S. Anthony, HoD, Political Science. Dr. Premila Swamy D., Regional Director, IGNOU RC-20, Kohima, spoke on "Opportunities and Prospects under IGNOU," while Dr. Mayonmi Shimra, Assistant Regional Director, highlighted the "Dual Programme Provision under NEP 2020." The Mock Parliament, conducted by the students of the Department of Political Science, provided first-hand experience of parliamentary debates on significant issues including 'One Nation, One Election', the 'National Sports Governance Bill', the 'Women's Reservation Bill', and the 'Manipur Riot'.

Akash Chettri (Treasury Bench) and Lamgousang (Opposition Bench) were adjudged Best Speakers of the session.





## FOOTBALL CLUB

The Football club commenced its practice session on 29<sup>th</sup> September 2025 with drills and endurance. Altogether, there are 21 active members in the club. Overall, 10 players were present on 29<sup>th</sup> September, 13 players on 30<sup>th</sup> September respectively.



## MOVIE CLUB

The Movie Club conducted its monthly activities on the 3<sup>rd</sup> and 5<sup>th</sup> of September 2025. As part of the initiative, members participated in a screening of the film *Until Dawn*. The movie explores profound themes such as the confrontation of personal trauma, the power of unity, and the complex nature of adversity, which can be both destructive and transformative. Through its compelling narrative, *Until Dawn* emphasizes the importance of standing together in the face of challenges.

The activity encouraged critical thinking, empathy, and a deeper understanding of the psychological and emotional resilience needed in times of crisis. Overall, the event was well-received and aligned with the club's goal of using cinema as a medium to spark meaningful conversation and personal growth.



## **BASKETBALL CLUB**

Members of the basketball club in the month of September had intense weekly practice sessions from 1:45 -2:45 p.m. in the college basketball court. On 24<sup>th</sup> September, 6 members were present and the practice session was led by the coach, who introduced new strategies, which were well received by the players. With continued dedication and team spirit the club is also looking forward an upcoming tournament.

## **CHOIR**

The Choir club its practice session for the month of September on 3<sup>rd</sup> September with 11 choir members in attendance. Additionally, two more practice sessions were held on 4<sup>th</sup> & 24<sup>th</sup> September with 6 and 9 choir members joining the sessions' respectively

## DANCE CLUB

The Dance Club had practice session on 25<sup>th</sup> September, four students joined. The practice included warm-up exercises, learning new dance steps, and working on group formations. Students enjoyed the sessions, worked as a team, and gained confidence. Overall, the practices were useful and improved their dance skills.



## E- SPORTS CLUB

We started our E-Sport club in the recent last week of August with a member of 33 students from the 3 Semesters. The members were divided into 2 groups for the Games - BGMI and MLBB. We had a general discussion of the E-Sport Club and the group division. We also had the members play custom matches for both the games



## BADMINTON CLUB

The Badminton Club held three practice sessions in the month of September with around 10 players participating. The sessions were productive and helped students enhance their skills and team spirit.



## STUDENTS' ARTICLE IN LOCAL DAILIES



**CONGRATULATIONS TO MR. THANGMINLEN MISAO  
1ST SEMESTER, DEPT. OF ECONOMICS**

Topic : What exactly is GDP, and why should college students care?

Published in Local Dailies on 17th September 2025

[www.moderncollege.edu.in](http://www.moderncollege.edu.in)

**LEFT WING |**

Thangminlen Misao  
Modern College Piphema

## What exactly is GDP and why should college students care?

**W**e can think of GDP as a country's economy report card. GDP measures the total value of all goods and services a country produces annually. We can say a country with a higher GDP level has a higher output level, more business activities, more job opportunities and higher income potential. Growth in GDP means higher production growth, leading to higher demand, causing a rise in prices, also known as inflation. Basically, it affects the prices of commodities and tells us the total wealth of an economy; however, a country can have a high GDP but still have a high level of poverty and unemployment.

GDP reflects the economy we are about to enter, as young economists, and knowing a country's economic status can help us to make more informed decisions, such as to study abroad or upskill ourselves and find better internships for our future. GDP not only affects the country-level economy but also the local level, like rising prices in rents, hostel fees, canteen foods, transportations, etc. Especially students who have a tight budget feel these changes are heavy on themselves and on their supporters economically. We should look at the country's growth logically and not economically to realise the truth behind the economic growth of a country, and thinking logically helps us become more aware citizens, voters, and maybe upcoming professionals in the future.

Nowadays, many students have started side hustling, such as YouTube channels, side businesses, or freelancing careers, while pursuing their academic certificates. Having economic awareness is a powerful skill and we can use GDP as a first starting point for our growth. Knowing the changes in GDP can greatly help us plan for our future and what people are doing - are they saving more or spending more? It helps us to understand the rise of economies and where opportunities lie in whether to study abroad, work abroad, or maybe turn to investments.

Having the knowledge of GDP not only makes us better students but also literate young adults.

## STUDENTS' ARTICLE IN LOCAL DAILIES



CONGRATULATIONS TO MS. KETOUSENO VIELIE  
 5TH SEMESTER, DEPT. OF POLITICAL SCIENCE

Topic : The Art of Smart Preparation: How Today's Students Can Beat Exam Stress

Published in Local Dailies on 26th September 2025

[www.moderncollege.edu.in](http://www.moderncollege.edu.in)

## The art of smart preparation: How today's students can beat exam stress

Every year, as exam season arrives, students across India enter a familiar cycle of sleepless nights, anxious mornings, and endless revision marathons. But preparing for exams does not always have to be a stressful battle. With the right approach, today's youth can learn the art of smart preparation, studying effectively while also protecting their mental and physical well-being.

Many students believe that success depends on how many hours they spend at the study desk, yet the truth is that quality matters far more than quantity. Breaking the syllabus into smaller parts and approaching it step by step helps the brain retain information better. Short periods of focused study with regular breaks are proven to be more effective than long, tiring stretches. Instead of trying to learn everything at once, students benefit from focusing on the most important areas first and building from there.

Equally important is building a routine that suits one's own body clock. Some students work best in the morning, while others concentrate better at night, but what matters is consistency. A balanced schedule that gives equal importance to study, rest, and meals prevents burnout. Keeping a simple checklist of daily goals also brings motivation, since every small achievement adds to a sense of progress.

Revision is another key element of smart preparation. Knowledge fades quickly, if it is not

refreshed, and waiting until the last moment to cram often leads to stress and confusion. Going back to older topics regularly, solving past question papers, and attempting practice tests not only strengthen memory but also prepare students to manage their time effectively in the real exam. Good preparation is not only about books but also about taking care of the body. Proper sleep, a balanced diet, and enough water are often overlooked but make a huge difference in focus and energy. Even a short walk, some stretching, or a little exercise can clear the mind and make studying more productive.

Finally, managing stress is as important as studying itself. Feeling anxious before exams is natural, but it should not be allowed to take control. Simple habits like deep breathing, positive self-talk, or sharing worries with a trusted friend can lighten the burden. Above all, it helps to remember that exams are just one part of life. They may test preparation, but they do not define a person's worth. Exams will always be part of a student's journey, but with smart preparation, they can become opportunities for growth rather than sources of fear. When hard work is balanced with healthy habits and the right mindset, students can walk into the exam hall with confidence, knowing they have given their best.

**Ketouseno Vielie**, BA 5th Semester,  
 Department of Political Science, Modern  
 College, Piphema.

**CELEBRATING RESEARCH EXCELLENCE**



**CONGRATULATIONS TO MR. MANONG  
ASSISTANT PROFESSOR DEPT. OF ENGLISH**

Paper Title: The Unconscious Unveiled: A Psychoanalytic Reading Of Gabriel Garcia Marquez's *Of Love And Other Demons*

Published in a UGC Recognised Journal

[www.moderncollege.edu.in](http://www.moderncollege.edu.in)



**Ms. Chongboi Singson, Alumni (2018-21)**  
**Department of Political Science**

### **CURIOSITY SAVES THE CAT**

Ignorance is born in two places. One, where people do not have access to knowledge or the resources to learn. And two, where people have lost the curiosity and the zeal to learn. Our world is battling with both today but more of the latter.

Once, a friend and I were talking about how the whole process of learning and gaining knowledge does not happen only in classrooms and the books we have at hand. It comes from different places. And all of it starts with curiosity. And we concluded our conversation by sharing the same viewpoint that many of us are not as curious as we used to be and while the majority submit to the modern ruler, “technology”, we are on the verge of losing knowledgeable and well-informed individuals in the society.

As you grow older, you become exhausted by the daily happenings in the world. It is also a battle to stay curious when you realise you are never going to be the one who knows it all. There are mathematical questions that are just too complex for your brain. Too much news in the world you are not aware of such as how many new rockets were launched into space, who became the new ruler of a country, who won in what sport, how many people died in an unfortunate disaster or what new scientific discovery came up again. Take a look at the recent political uprisings in Bangladesh and Nepal led by youths at the forefront. Those movements resulted in violence and a lot of

unwanted tragedies in both countries. But they were also necessary to an extent- to change the momentum and correct the wrongs. All these wouldn't have happened had the people remained silent about the stark realities they lived in their countries. Even in Nagaland, youths especially the student community is raising their voices against the malpractices of certain government departments. This was something we didn't witness long ago.

It is true to an extent that a lot of peace comes from ignorance, when you stop caring about what is happening around you. But as Virginia Woolf once wrote, "You cannot find peace by avoiding the world." Therefore, we are called to ask questions when the answers don't seem right. We are to doubt when policies are framed in the interest of a few. We are to be curious about why, how, what and when. That is how a good society is built.

Curiosity may have killed the cat in the wrong place but for all the right reasons, it will be the very thing that saves us.



Mr. Lamgousang of B.A. 3<sup>rd</sup> Semester, Department of Political Science, was awarded the 3<sup>rd</sup> Prize in the World Tourism Day 2025 Essay Competition organised by the Directorate of Tourism, Nagaland. The award was presented during the United Nations World Tourism Day celebration held on 27<sup>th</sup> September, 2025 at Kohima.

**HIGHLIGHTS OF THE MONTH:**

Date	Activities
1 <sup>st</sup> Sept.	6 <sup>th</sup> Weekly Test
2 <sup>nd</sup> Sept.	Issue of Admit card for Pre-Semester Examination
4 <sup>th</sup> Sept.	HoD Meeting
5 <sup>th</sup> Sept.	Positive Link/Teachers' Day (i/c MCSU)
6 <sup>th</sup> -12 <sup>th</sup> Sept.	Pre-Semester Examination
8 <sup>th</sup> Sept.	Weekly Test Review cum Staff Meeting
9 <sup>th</sup> Sept.	IQAC Meeting
16 <sup>th</sup> Sept.	World Ozone Day (i/c Eco Green Club)
17 <sup>th</sup> Sept.	Pre-Semester Result Review Meeting/Declaration of Eligible Candidate to End Semester Examination
18 <sup>th</sup> Sept	Departmental Meeting with Students (i/c HoD)
19 <sup>th</sup> Sept.	Students' Care
23 <sup>rd</sup> Sept.	Management and Administration Meeting
24 <sup>th</sup> Sept.	NSS Day (i/c NSS)
26 <sup>th</sup> Sept.	Assembly (i/c B.A. 1st Semester)
30 <sup>th</sup> Sept.	Submission of Monthly Report: IPR, IQAC, HoD, Hostel Wardens, etc.
Date to be notified later	Debate Final Round (i/c Dept. of English)/ End Semester Exam Form Fill up/ Mock Parliament (i/c Dept. of Political Science) Career Guidance/Extension Services- NSS, RRC & NCC.

**TO LOOK AHEAD:**

1 <sup>st</sup> -2 <sup>nd</sup> Oct.	Hostel Week
2 <sup>nd</sup> Oct.	Gandhi Jayanti (i/c NSS &NCC)
3 <sup>rd</sup> Oct.	Students' care/ Staff Meeting/HoD Meeting
5 <sup>th</sup> Oct.	Positive Link
6 <sup>th</sup> – 30 <sup>th</sup> Oct.	Remedial Class
7 <sup>th</sup> Oct.	IQAC Meeting
10 <sup>th</sup> Oct.	Assembly (i/c NSS)
11 <sup>th</sup> Oct.	International Day of Girl Child (i/c Gender Champion Club)
17 <sup>th</sup> Oct.	Students' Care/Students' Feedback (IQAC)
21 <sup>st</sup> Oct.	Review for Remedial Class
22 <sup>nd</sup> Oct.	Faculty Development Program (i/c IQAC)/ Cleanliness Drive (i/c NSS,NCC &Eco Green Club)
24 <sup>th</sup> Oct.	Assembly (i/c Hostellers)
25 <sup>th</sup> Oct.	Autumn Fiesta
28 <sup>th</sup> Oct.	Management and Administrative Meeting
31 <sup>st</sup> Oct.	Students' Care/ Library Committee Meeting/ Submission of Monthly Report: IPR, IQAC, HoD, Hostel Wardens, etc.
Date to be notified	Career Guidance

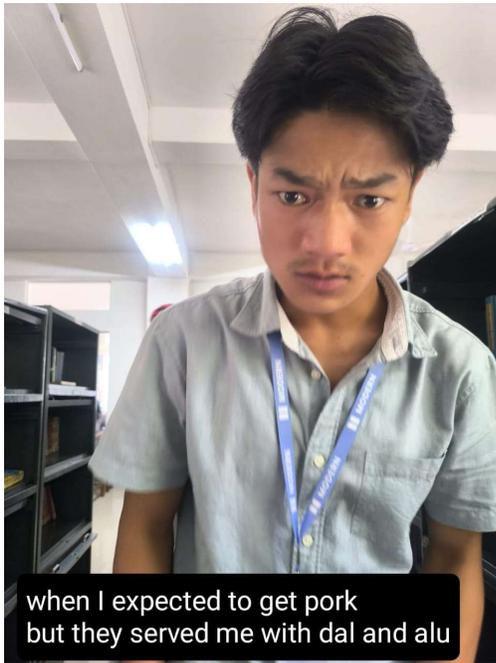
when you are in class trying to pay attention but nothing is going in your head



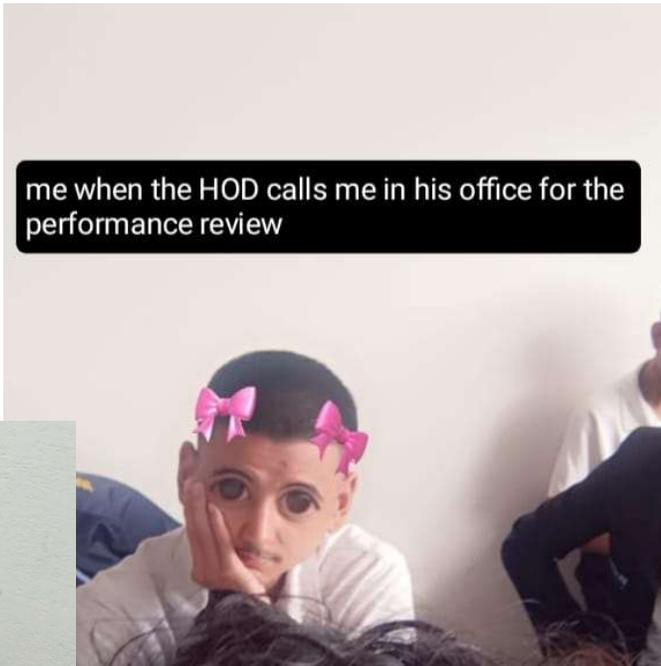
me after being praised by Sir Anthony



when I expected to get pork but they served me with dal and alu



me when the HOD calls me in his office for the performance review



when you finally received the scholarship money

